

2025-26 AY Implementation Plan of Sports Capability Assessment for Transfer Students Applying to Waive Second- and Third-Year Physical Education Courses

1. Assessment Date: On September 19, 2025 from noon 12:10 to 13:00, the assessments will be conducted simultaneously at the Taipei Campus and Taoyuan Campus.
2. Assessment Locations: Indoor Badminton court at the Taipei Campus; 3rd Floor Basketball Court of the Physical Education Building at the Taoyuan Campus.
3. Assessors: Faculty Members of the Physical Education Office
4. Target Population: Second- and third-year transfer students on both campuses.
5. Assessment Items:
 - 112 Structure: One-minute sit-ups. Standing long jump: Each person attempts twice, with the best result recorded. Sit and Reach Test. 800/1600-meter run/walk. Passing is determined by the average of the four items.
 - 113 Structure: Curl-ups: Each person is tested twice, with the best result recorded. Sit and Reach Test: Each person attempts twice, with the best result recorded. Seated forward bend. Passing is determined by the average of the three items.
6. Assessment Method: The assessment will be conducted according to the methods announced by the Ministry of Education. For more details, please refer to the Physical Education Office website: <http://physical.mcu.edu.tw/zh-hant/Regulations>.
7. Assessment Process: Students should gather at the assessment location according to the scheduled time. They must collect their score recording sheets from the on-site faculty members and follow the instructions for group assessments.
8. Make-Up Assessment Instructions: The make-up assessment will be held on September 19, 2025 from noon 12:10 to 13:00, from 12:10 PM to 1:00 PM. Students should report in at the on-site reception table to collect their score recording sheets before starting the assessment. Students in the following categories are eligible for the make-up assessment: 1. Students who transferred into MCU this semester; 2. Foreign students who transferred into MCU this semester; 3. Domestic students who were exchange students last semester; 4. Students from Overseas Youth Vocational Training School returning to MCU for study; 5. Students with special status.
9. Notices: (1) Students must bring their student ID for verification during the assessment. (2) Students should wear sports attire and shoes for the assessment. (3) Score recording sheets must be submitted immediately after the assessment (This applies to make-up assessments as well). Students who do not submit their score recording sheets after participating in the assessment will be deemed to have forfeited their application for exemption from the second- or third-year physical education class. They must attend the physical education class as required. (4) For regulations related to the assessment, please refer to Ming Chuan University Enforcement Rules for 3rd-year Physical Education Credit Waiver Applications.