

# Ming Chuan University Requirements for Physical Education

Revised and passed at the Student Affairs Committee Meeting on May 23, 2002  
Revised and passed at the Student Affairs Committee Meeting on June 5, 2008  
Revised and passed at the Academic Affairs Committee Meeting on April 16, 2009  
Revised and passed at the Academic Affairs Committee Meeting on June 3, 2010  
Revised and passed at the Academic Affairs Committee Meeting on November 28, 2019  
Revised and passed at the Academic Affairs Committee Meeting on May 19, 2022  
Revised and passed at the Academic Affairs Committee Meeting on May 4, 2023  
Revised and passed at the Academic Affairs Committee Meeting on May 9, 2024

## Article 1 Basis:

These requirements have been established in accordance with Procedures for Conducting Physical Education promulgated by the Ministry of Education and actual situations.

## Article 2 Educational Purpose:

- (1) Teach sport skills and knowledge, and cultivate physical activity abilities.
- (2) Cultivate moral attitude toward sports, and promote harmonious interpersonal relationships.
- (3) Promote spirit of persistence, and cultivate team cooperation.
- (4) Inspire interest in sports, and cultivate abilities to participate in sports.
- (5) Strengthen healthy physical fitness, and promote balanced development of body and mind.
- (6) Promote life of regular physical activity, and cultivate lifelong exercise habit.

## Article 3 Core Abilities

- (1) Enhance sports skills and knowledge.
- (2) Practice sportsmanship and ethical abilities.
- (3) Demonstrate capacity for persistence.
- (4) Ability to participate in physical activities.
- (5) Ability to promote healthy physical fitness.
- (6) Cultivate lifelong exercise habits.

## Article 4 Physical Education Courses

### 1. Course Operation

- (1) Each physical education course period is 2 hours; these are required courses for first- and second-year students, elective courses of 2 credits each for third- and fourth-year students. First-year students take general Physical Education courses, while second- year students select Physical Education courses related to their own interests.
- (2) Students who cannot exercise due to illness or disabilities may apply to take special education courses by submitting a relevant certificate issued by a teaching hospital, a public hospital or a group medical center, and should

return to regular classes after recovery.

- (3) Students who have sufficient ability to take a higher-level course can apply Physical Education for course exemption through special case applications once they pass the university's unified physical fitness test.
- (4) Overseas Programs students can apply for Physical Education course exemption through special case applications once they pass the university's unified physical fitness test.

2. Grading: The total Physical Education score is based on the following three items; students need to retake a course once their score is under 60 points.

- (1) Skills: Counts as 60% of total score; this includes mid-term exam and final exam, and each exam counts for 30% of total score. Assessment method and skill scores are established in accordance with the Ming Chuan University Physical Education Syllabus and score table. Scores are averaged for two test events. All scores for events are calculated on a 100-point basis, then averaged as the score for that item.
- (2) General Assessment: Counts as 30% of total score.
  - (a) Attendance: Scores are based on students' regular class attendance, the number of classes missed, and attitude. Each item is calculated on 100-point basis and the grades are averaged. Then the score is calculated based on the relative weights assigned.
  - (b) Effort: Scores are assigned by the faculty members for regular classes, activities, and competitions, taking into account attitude, behavior, spirit, and discipline. Each item is calculated on 100-point basis and the grades are averaged. Then the score is calculated based on the relative weights assigned.
- (3) Knowledge: Counts as 10% of total score; this is primarily a test on sports rules as determined by the responsible faculty member.

#### Article 5 Guidelines for Missing Required Physical Education Credits, Making up, Retaking, and Waiving Physical Education Courses

1. Students who have not earned all the required Physical Education credits, have failed Physical Education courses and need to retake courses, or have not met the standard for sports ability indicator are required to comply with the following guidelines:
  - (1) Students can retake credits in the second semester if they missed taking a course or failed in the first semester of the academic year; these courses are not restricted by prerequisite requirements.
  - (2) 1st- and 2nd-year students who fail a Physical Education course are required to retake the course.

- (3) Students covered under the previous paragraph who need to retake or take Physical Education courses may only take up to 4 hours each semester. They may increase course hours once they have a special situation and the Physical Education Office reviews and approves their application.
  - (4) The university focus on students' healthy fitness ability and sports ability is included in the graduation standards. Enforcement rules will be dealt with separately.
2. Regulations for waiving credits:
- (1) Transfer students are required to apply for Physical Education course waivers in their departments within the designated timeline.
  - (2) Students who have graduated from or studied at other institutions of higher education may waive the credits they have already earned, but may not take other required courses in advance.
  - (3) Students who have transferred from junior colleges can waive credits, but not for the year into which they have transferred. Students from National Open University or its affiliated colleges may not waive Physical Education credits.
  - (4) Students who transfer to a lower year-level or resume their studies can waive the credits they have already earned, but cannot take required courses of higher year-levels in advance.
  - (5) To promote the physical fitness project announced by Ministry of Education, physical fitness abilities will be included as part of the criteria for 2nd-year students needing to enroll in physical education. Qualified students may waive the 2nd-year physical education course. Enforcement rules will be dealt with separately.
  - (6) Graduating students and students in extended study period who have failed required physical education courses may take 'Comprehensive Physical Education I' or 'Comprehensive Physical Education II' to waive the required course credits. A maximum of two required physical education courses can be waived in this manner.

#### Article 6 Physical Education Activities

1. University teams: Selecting, training and participating in sports competitions:
  - (1) Training Time: At least four times per week. Provisional training is required before formal competition.
  - (2) Representative Teams are: Track and field team, Basketball team, Volleyball team, Table tennis team, Swimming team, Handball team, Softball team, Dance team, Gymnastics team, Soccer team, Woodball team, Fencing team, Taekwondo team, Petanque team, Badminton team, and Judo team, etc. The

performance results of representative teams are reviewed annually for adding/reducing teams.

## 2. Competitions

### (1) Competitions On Campus:

- (a) University-wide sports events and cheerleading competition held each year.
- (b) Several sports competition are held such as Inter-Department Freshmen Cup Competitions and University-Wide President Cup Competitions.
- (c) Other sports competitions

### (2) Competitions Off Campus:

- (a) National and regional college sports events
- (b) The national games and tournaments held by each sports association
- (c) Invitational events
- (d) Off-campus friendly matches
- (e) National teams representing the country or invited to participate in international events or invitational games
- (f) Others

## Article 7 Supplementary Provisions:

1. Members of all representative teams who have excellent results in off-campus competitions, excellent academic performance, and excellent conduct grades will be recognized at their graduation ceremony.
2. Members of all representative teams may receive Excellence Scholarship and Physical Education Scholarship once they participate in formal competitions as representatives of the university or are recognized for excellent performance at international competitions.

Article 8 Upon being passed at the Academic Affairs Committee Meeting and approved by the president, these procedures were implemented. Any revision must follow the same procedure.

*\*\*In the event of any inconsistency or discrepancy between the Chinese and other language versions of this document, the Chinese version shall prevail. \*\**