

# Ming Chuan University Enforcement Rules for Sports Capability Requirements

Passed at the Academic Affairs Committee Meeting on June 3, 2010

Passed and revised at the Academic Affairs Committee Meeting on May 15, 2014

Passed and revised at the Academic Affairs Committee Meeting on May 18, 2017

- Article 1 “Ming Chuan University Enforcement Rules for Sports Capability Requirements” were established in accordance with the Ming Chuan University Procedures for Proficiency-based Graduation Requirements.
- Article 2 To promote health-related physical fitness in students with an aim to raise students’ awareness of personal health and improve their overall wellness, in response to the Ministry of Education’s program, these regulations were incorporated into the graduation requirements. Students who participate in the sports capacities assessment tests listed under these rules and meet the university standards are deemed as passing sports graduation standards.
- Article 3 Participants: 2nd and 3rd year student of the university may participate in the university sports capacities assessment tests in accordance with article 4 of these rules.
- Article 4 Implementation:
- (1) The sports capabilities assessment test is to be held during the announced time period during the second semester of each academic year for 2<sup>nd</sup>-year undergraduate students, 3<sup>rd</sup>-year undergraduate students, and those students who transferred into the university during the second semester.
  - (2) Sports capabilities assessment test for 2<sup>nd</sup>-year students who are going to participate in overseas exchange programs, 3<sup>rd</sup>-year transfer students who entered the university in the first semester and students with special reasons is to be held on the 2<sup>nd</sup> week of the first semester in each academic year. Students are required to bring relevant proof to register for the test at the Physical Education Office during the first week of the semester. Those who pass the review may take the assessment test in the 2<sup>nd</sup> week, while those who do not pass the review will be deemed as not completing the assessment test and will be dealt with in accordance with article 8 of these rules.
  - (3) The sports capabilities re-test for 3<sup>rd</sup>-year undergraduate students who are taking physical education courses is to be administered at the end of the first semester of each academic year in accordance with the announced schedule.

Article 5 Requirements:

( 1 ) The sports capacities items are established based on the physical fitness items of Sports Administration, Ministry of Education.

( 2 ) The minimum passing score will be established based on the average score for 80 percent of students.

( 3 ) The sports capabilities assessments will be implemented in accordance with the scale format announced by the Ministry of Education and historical testing results of the university.

( 4 ) Above-mentioned requirements were established by the Curriculum Committee and the external advisors.

Article 6 Assessment items:

1. Flexibility: Sit and reach.
2. Muscular endurance: One-minute sit-ups.
3. Power: Standing long jump.
4. Cardio respiratory endurance: 1600m run for male students and 800m run for female students.

Article 7 Passing standards

The test scores will be given in accordance with the "Ming Chuan University Student Sports Capability Assessment Test Score Comparison Table" (refer to appendix 1). Students who score an average of 60 out of 100 on the 4 test items are deemed passing the graduation standard for sports capability.

Article 8 Failure to pass the standard

Students who fail to pass the standards or fail to take the assessment test within the designated time should take PE course for 3<sup>rd</sup>-year students. Those who pass the course or the re-test are deemed passing the graduation standard for sports capability.

Article 9 Exceptions:

1. Student having severe conditions should file an application with doctor's diagnosis from a medical center, valid proof of special status issued by Ministry of Education, or physical disability handbook at the Physical Education Office two weeks prior to the test in the 2<sup>nd</sup> semester of their second year. The proof will be reviewed by PE Office, Counseling and Guidance Center and Campus Health Services Section and sent for president's approval. Once approved, these students are deemed as passing the requirement without test.
2. Student having special disease should provide doctor's diagnosis from a medical center to apply for adjusting assessment items at the Physical Education Office two weeks prior to the test in the 2<sup>nd</sup> semester of their second year. Those approved by PE Office may select 2 items to test based on their capability. The untested items will be recorded as pass. Those who fail to pass the standards or fail to take the assessment test within the designated time are to be dealt with according to article 8 of these rules.

Article 10 Students who meet the graduation requirements for sports capabilities will be reported by the Physical Education Office as having passed the

assessments.

Article 11 Upon being passed at the Academic Affairs Committee Meeting and approved by the president, these enforcement rules were announced and implemented. Any revision must follow the same procedures.